

## INSTRUCTIONS FOR THE COLLECTION OF STOOL SPECIMEN

1. Put your **NAME and DATE OF BIRTH** on the specimen container with the **BLACK TOP**.
2. Choose a day for collection of stool. Urine may be collected on another day.
3. Place plastic wrap in a U-shaped fashion draped over the toilet or bed pan so as to allow stool to drop on the plastic, not get wet with toilet water, and not catch urine. Newspaper or waxed paper will work if not a liquid stool.

\*\*\*\*\* 4. Carefully open the **BLACK TOP SPECIMEN CONTAINER**. **Do not** pour out the liquid preservative.

5. Use the spoon device built into the cap and sample small amounts from various portions of the stool specimen placing them into the container until the level of preservative is about even with the bold black fill line so marked on the container label. Slight overfilling will not cause a problem.
6. For a liquid stool, funnel enough liquid carefully into the container to the level of the bold black fill line. Over filling will not cause a problem.
7. Close the container cap tightly. Return it to the zip lock bag wrapped in an absorbent paper towel and seal it closed.
8. Thoroughly wash your hands.

Note: Once the specimens are in the preservative they are good for two months.

### Shipping Instructions

1. Place the Zip Lock bag with specimen into the small container box. Use some newspaper or other paper to secure it from rolling around in the box.
2. Close the box. Taping is not required of this box.
3. The small box is then placed into the larger shipping box. Use some newspaper or other paper to keep this box from sliding around.
3. Place the two completed forms (Research Associate Request Form and the Health History and payment form) into the outer box and tape this box well.
- 4, Shipping Methods: Priority US Mail, UPS or FedEx. Overnight shipping is not necessary.

Shipping Address: **Dr. d'Angelo, 18121 East Hampden Ave Unit C-123,**  
**Aurora, CO 80013**

\*\*\*\*\* **See Reverse Side for Urine Collection Instructions** \*\*\*\*\*

## INSTRUCTIONS FOR THE COLLECTION OF A URINE SPECIMEN

1. The preferred specimen for parasite analysis is the FIRST urine after arising from sleep for the day. If not practical use a urine at another time of day.
2. Have a Zip Lock bag or clean container handy that can hold the entire voided urine. When collected...

\*\*\*\*\* 3. Carefully open the **PINK TOP SPECIMEN CONTAINER**. **Do not** pour out the liquid preservative.

4. Place an amount of urine into the transport container marked URINE (pink cap container) to the bold red fill line on the label. Overfilling is not a problem.
5. Close the cap tightly.
6. Make sure your **name and date of birth are on the label**.
7. Place this transport container into the same bag with the stool sample and wrapped in an absorbent paper towel. Close the bag. Wash your hands and follow the shipping instructions.

### Receipt of Specimen

Use your tracking number to note when your test kit arrives at the shipping and receiving office. We will email you (or call) when your test kit is picked up from receiving and arrives in the lab.

### Results

Allow 10-14 days for turnaround time.