

INSTRUCTIONS FOR THE COLLECTION OF STOOL SPECIMEN

1. Put your **NAME and DATE OF BIRTH** on the specimen container.
2. Choose a day for collection that will allow for shipping that day if possible.
3. Place plastic wrap in a U-shaped fashion draped over the toilet or bed pan so as to allow stool to drop on the plastic, not get wet with toilet water, and not catch urine. Newspaper or waxed paper will work if not a liquid stool.
4. Carefully open the specimen container. **Do not pour out the liquid preservative.**
5. Use the spoon device built into the cap and sample small amounts from various portions of the stool specimen placing them into the container until the level of preservative is about even with the bold black fill line so marked on the container label. Slight overfilling will not cause a problem.
6. For a liquid stool, funnel enough liquid carefully into the container to the level of the bold black fill line. Over filling will not cause a problem.
7. Close the container cap tightly. Return it to the zip lock bag wrapped in an absorbent paper towel and seal it closed.
8. Thoroughly wash your hands.
Note: Once the specimens are in the preservative **they are good for two months**. Refrigeration is not necessary.

Shipping Instructions

1. Place the Zip Lock bag with specimen into the small container box. Use some newspaper or other paper to secure it from rolling around in the box.
2. Close the box. Taping is not required of this box.
3. The small box is then placed into the larger shipping box. Use some newspaper or other paper to keep this box from sliding around.
3. Place the two completed forms (**Research Associate Request Form** and the **History Form** with payment if not prepaid) into the outer box and tape this box well.
4. Shipping Methods: Priority US Mail, UPS or FedEx.
Shipping Address: Dr. d'Angelo, 18121 East Hampden Ave Unit C-123,
Aurora, CO 80013.